

YOGA

AT THE VILLAGE

Continuing Workshop Series

presents

Saturday

June 1, 2019

11:00 a.m. - 1:00 p.m.

Space is limited

Call: 707-636-4297

or Email:

info@yogaatthevillage.com

to reserve your space

Workshop fee:

FREE!

Teachers receive
2 continuing
education units
per workshop
toward
Yoga Alliance
renewal



Karissa

Essential Oils 101



With healthcare clinics on every corner and almost 6,000 registered hospitals in the US, we are armed and ready to be sick. But what if we as a society made a shift, and were better at health care than we are at sick care?

THE SHIFT IS HAPPENING and we have the opportunity to be a part of it. We are already seeing those around us spending their money on travel, life experiences, and overall health and wellness. Join us. Put your health first so you can have more days with friends, loved ones.

In this 2-Hour session, we will learn how essential oils can empower us to live healthy, toxin free lives by supporting each body system. **GET TESTED.** A portable **iTOVi** scanner will be available for individual testing. The scanner enables us to receive personalized reports. The **iTOVi** scanner uses innovative and institutionally recognized technology to measure the changes in the electrical conductivity of the skin to stimuli. The scanner identifies these changes and ranks specific essential oils in order by the strongest responses.

Karissa Yeremin is a Health and Wellness Advocate. She is passionate about building relationships with women by offering support and encouragement with matters of health and business. Karissa's goal is to empower those she has the pleasure of working with, to live life to the fullest and in the healthiest way possible, and to find positive breakthroughs with finances. Karissa represents Young Living Essential Oils, a company that inspires wellness, purpose, and abundance by distilling nature's greatest gifts into pure essential oils. With a commitment to plant purity and essential oil potency, Young Living continues to grow, inspiring millions to transform their lives.